

GOOD WORKS

Titus 2:7-8

Annual Theme 2020



MESSIAH TEMPLE
Missionary Baptist Church

May 2020
Volume VII, Issue V

MESSIAH MESSENGER

     @mtmbc104

THE HISTORY OF MOTHER'S DAY

A day to honor mothers has existed for as long as, well, there have been mothers! Festivals honoring mothers in ancient times were often tied to gods and goddesses. The Phrygians held a festival for Cybele, the Great Mother of the Gods. The Greeks and Romans also honored the mother figure of their gods. Even today, an important festival in India, Durga-puja, honors the goddess Durga.

During the Middle Ages, people would return to their home or "mother" church once a year during the middle of Lent. (Back then, children would often leave to work at the tender age of ten!) Historians theorize it was return to the "mother" church which led to the tradition of children getting the day off to visit their mother and family.

In 16th century England, this celebration became "Mothering Sunday." Children, mainly daughters who had gone to work as domestic servants, would be given the day off on the fourth Sunday of Lent to return to their mothers and home parish. The eldest son or daughter would bring a "mothering cake," which would be cut and shared by the entire family. Family reunions were the order of the day, with sons and daughters assuming all household duties and preparing a special dinner in honor of their mother. Sometime during the day the mother would attend special church services with her family.

Mothering Sunday was also known as Refreshment Sunday; the fasting rules were relaxed for that day. (Often, the gospel for the day was about Jesus feeding the crowded with loaves of bread.) The traditional cake, called a Simnel cake, is a fruit cake with two layers of almond paste. The cake was made with 11 balls of marzipan icing on top representing the 11 disciples. (Judas is not included.) Traditionally, sugar violets would also be added.

In the United States, three women were most instrumental in establishing the tradition of Mother's Day: Ann Reeves Jarvis, Julia Ward Howe, and Ann's daughter, Anna M. Jarvis. Learn more about these three great women. Read our article about the History of Mother's Day in the United States.



WORD TO THE WORSHIPPER

"Forgiveness is possible without confession and repentance but reconciliation is not"

~KBM I

"Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working."

James 5:16 (ESV)

IN THIS ISSUE:

The History Of Mother's Day	Page 1
MTMBC Bulletin	Page 2
Christian Education	Page 3
Organizing and Storage	Page 4
Online Streaming	Page 5
Stay Home and Hit Play	Page 6
How to Stay Healthy	Page 7
A Mother's Love	Page 8
Coronavirus Vaccine	Page 9
Give Plus & Faithlife Apps	Page 10
Lupus/ Chef Shana's Kitchen	Page 11
Around Chicago Online	Page 12

MTMBC BULLETIN

Events & Activities

May at a glance:

10th Mother's Day

OUR MISSION

**We are Messiah Temple
and we are,
Worshipping The Lord,
Working as Laborers,
Witnessing to The Lost,
With The Word of Life**

OUR PURPOSE

- 1. Effectually we Solicit the Support of The Savior**
- 2. Eagerly we Strive for the Solidarity of The Saints**
- 3. Earnestly we Seek the Salvation of Souls**
- 4. Expectedly we Sow the Seeds of our Substance**

BEREAVEMENT

We offer condolences...

To everyone who has passed due to Covid 19/ Coronavirus



PRAYER

We're praying especially for...

Mo. Martha Walker
Phyliss Bulley
Pearline Latimer
Michael Walker
Terrion Scott
George Terrell
Lula Flowers
Johnny Dumas
Isaiah Dunlap Jr.
Johnny Simpson
Joe Jones
Terrance Nunnally
Olivette Porter-Myrick
Isaac Carey
Kasandra Jordan
Albertha Ferguson



Sharon Carpenter
James Spikes
Susie Hicks
Sarah Corley
Lafayette Gatling Sr.
Bobby Allen
Christine Bailey
Marcus Jefferson Sr.
Bonciel Barnes
Cydnee Kennedy
Roslyn Terrell
Theresa Davis
James Davis
Michael Treadwell

GIVING

Online Giving can be done by clicking on the giving button at messiah temple.org or on the Givelify or Give Plus apps on your mobile device. Text 2 Give contributions can be text to mobile number 833-986-1732. You can also give on Zelle to email rmm@mtmbc.org (please specify donation type in memo section). The Giving Kiosk is in the Utility Room for debit and credit transactions.



★★★★★
**Happy Birthday
and Happy Anniversary
to All Who Celebrate
in May!!!**

CHRISTIAN EDUCATION

Department Information



Growing Your Faith Daily

**“IF YOU’RE NOT LEARNING,
YOU’RE LOSING”**

**“Do your best to present
yourself to God as one
approved, a worker who
does not need to be
ashamed and who
correctly handles the
word of truth.”
*II Timothy 2:15***

QUESTION OF THE MONTH

What was the name of Zipporah's father-in-law?

“Submit your answers to jtreadwell@mtmbc.org”

Bible Studies

Monday Morning
Sis. Sharon Stinson
10:00am

Study
The Book of Exodus

Wednesday Evening
**“Prayer, Praise and
Proclamation”**
**Rev. J. Treadwell
& T. Treadwell**
7:00pm

Study
***The Books of 1 & 2
Samuel***

Wednesday
“Through It All”
Pastor McGee
12:00pm & 7:00pm

Study
The Book of Acts

Movie & Fellowship
4th Monday @
10:00am
4th Wednesday@
7:00pm

Sunday School

The Book of Joshua
The Book of Judges
The Book Of Ruth
**The Books of 1 & 2
Samuel**
1 Peter & 2 Peter

New Members Class

CLEVER ORGANIZING AND STORAGE IDEAS FOR YOUR ENTIRE HOME

Try some bungee cord storage.

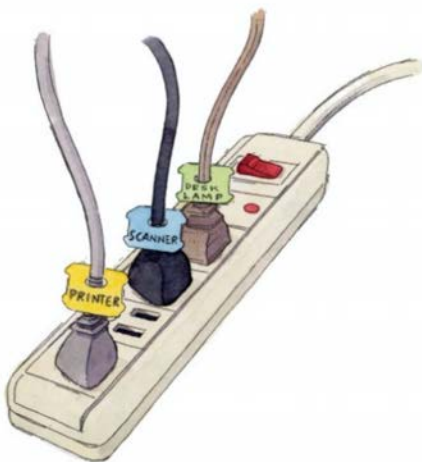


This blog post shows you how you can use bungee cords in your garage to corral balls so they don't roll around everywhere. They take up a lot less space this way than they would in a box, and they are all actually much easier to reach, making this a more convenient solution.

DIY Instructions and Project

Source: [Designedtodwell](#)

Use plastic bread tags.



This is one of the simplest ideas I have ever seen to instantly label your cords right by the power strip! Start saving old plastic bread tags, and then label them with then names of the devices. You will never unplug the wrong thing again. That is just brilliant. Now why

Create a “pincushion” for your tools.



The Family Handyman has a lot of awesome ideas for storage in the garage. One of them is creating a “pincushion” for your drill bits, screwdrivers, wrenches, and so on. You do it by gluing foam onto a piece of plywood and then hanging it on the wall. Punch in holes that are the right sizes for your tools. Mount it on the wall and you are good to go.

Label your cords.



[CLICK HERE FOR MORE...](#)

Use a belt rack for your wrenches.



What's the easiest way to store wrenches? The Family Handyman has another great trick here—use a belt rack or tie rack! Just hang it on the wall, and you can hang your wrenches the same way you would your belts.

Time to bring out the corkboard again!



Earlier I showed you how you could cover corkboard in fabric and use it to store your necklaces and other loose, dangly jewelry. Corkboard is handy in the closet as well, where you can use it to store belts, ties, hats, and more. You can even affix little wire shelves

Use a spice rack to display your perfume bottles.



ONLINE STREAMING

Watch Us Online...

STREAM US

Online

SUNDAYS @ 11AM



@mtmbc104



@mtmbc104



www.messiahtemple.org



GOOD WORKS
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**You can click on the
links below to watch...**

www.messiahtemple.org

www.facebook.com/mtmbc104

www.youtube.com/mtmbc104

STAY HOME AND HIT PLAY

Shedd Aquarium

Dear CPS Parents and Families,

As we continue to battle COVID-19 together, I want you to know that the health and safety of all Chicagoans remains my top priority, as does the continued education of our young people.

Today, in partnership with Citadel, I am launching Stay Home. Hit Play., a weekly video series that will bring engaging, educational programming from Chicago institutions to students and families across the city. The series will partner with the city's museums and cultural institutions to invite students to go behind the scenes at some of Chicago's most iconic places on Wednesdays, while staying home. In the inaugural Stay Home. Hit Play. segment airing today on HitPlayChicago.org, I will stop by Shedd Aquarium to visit the penguins, feed the sharks and say hello to Nickel the rescued sea turtle.



I will join museum curators and staff as they lead virtual tours of their most popular exhibits and even share hidden treasures not usually seen by the public. Viewers will take virtual field trips to places like the Shedd Aquarium, the Field Museum, the DuSable Museum of African American History, the Museum of Science and Industry, the National Museum of Mexican Art, the Art Institute of Chicago and Lincoln Park Zoo. Along with each episode, students will find corresponding worksheet activities on the website to further engage with each museum experience.

Young learners will also find Stay Home. Hit Play. twice a week on Chicago's PBS station – WTTW. The series will premiere Wednesday, April 29, on HitPlayChicago.org, and will air Friday, May 1 at 5:30 p.m. on WTTW (11.1) and on Monday, May 4 at 12:30 p.m. on WTTW Prime (11.2). Subsequent Stay Home. Hit Play. episodes will air each Wednesday online and Fridays and Mondays on TV, and all segments and related student worksheets will be available on the series website. Please also follow the program's Instagram handle [@hitplaychicago](https://www.instagram.com/hitplaychicago) for updates.

I look forward to bringing so much of what Chicago has to offer straight to you and your families.

Stay home. Save lives,

The Mayor's Office

HOW TO STAY HEALTHY WHEN STUCK AT HOME

Due to the COVID-19 outbreak, citizens around the world are faced with the reality of carrying on everyday routines within their home, including telecommuting and schooling. Staying home is essential for “flattening the curve” and preventing the spread and potential exposure of COVID-19, but the change in routine is leaving many in unfamiliar territory – especially when it comes to leading a healthy lifestyle.

Here are some tips for staying healthy during home quarantine:

1. **Keep a clean home environment.** If you must venture out to the grocery store or pharmacy, be mindful that contact with other individuals increases your risk of being exposed to COVID-19 and spreading bacteria. Reduce your risk of spreading germs in the home by:

- Immediately washing your hands with soap for 20 seconds or longer upon each return home
- Cleaning and disinfecting high-touch surfaces daily, including door knobs, light switches, remotes, toilets and sinks

2. **Keep your workouts going virtually.** With many states mandating closures of public facilities, including gyms, those who have committed to a fitness routine are finding themselves in a bind. Fortunately, there are plenty of exercises that can be done at home with little or no equipment, such as:

- Taking a long walk around the neighborhood
- Watching a yoga video on YouTube
- Performing bodyweight exercises, such as push-ups, pull-ups, wall squats and sit-ups
- Take a free class online like those offered by Tilton Fitness.

3. **Try to stick to a meal schedule.** If you have stocked up the kitchen in preparation of being quarantined, you or your family member may be finding it difficult to follow a regimented meal plan and feel inclined to reach into the cabinets for extra snacks throughout the day. Meal preparation and designated meal times will help to:

- Regulate consumption and prevent overindulgence
- Ensure a well-balanced diet
- Avoid the temptation of ordering take-out foods that can be highly processed or packed with more saturated or trans fats

4. **Take care of your mental health.** While it’s important to stay abreast of the latest information regarding COVID-19, it’s easy to become wrapped up in the information about the pandemic, increasing stress and anxiety levels. Stress-reducing strategies include:

- Giving yourself breaks from the news and social media
- Getting plenty of sleep
- Practicing meditation
- Engaging in video chat with friends and family

5. **Stay hydrated.** Adequate water and fluid intake helps to keep your body strong and have the ability to fight off viruses and infection, but inevitable home distractions may get in the way of ensuring you’re drinking enough water. Follow hydration techniques such as:

- Tracking fluid intake through various apps that are available
- Drinking a glass of water before every meal
- Adding natural flavor to water through fruit infusion
- Utilizing a large reusable water bottle
- Replacing other drinks like soda or coffee with water or seltzer



A MOTHER'S LOVE

Happy Mother's Day

A mother's love

**There's no love like a mother's,
Her heart is filled with care.
With Christ as her example,
Her Savior's love she'll share.**

**A mother's love is endless,
Not changing for all time.
When needed by her children,
A mother's love will shine.**

**God bless these special mothers,
God bless them every one.
For all their tear and heartaches,
And special work they've done.**

**When days on earth are over,
A mother's love lives on,
Through many generations,
God's blessings on each one.**

**Be thankful for our mothers,
Who love with higher love,
From power God has given,
And strength from up above.**

CORONAVIRUS VACCINE

Trial Underway

The First Human Trial for a Coronavirus Vaccine is Underway - Part 1

A vaccine for the coronavirus would be a tipping point in the fight against the disease that has quickly spread across most of the world. Scientists have been working feverishly to test and create something strong enough to stop the spread and thankfully a huge break in the fight against COVID-19 has come this week.

Three pharmaceutical companies have this week launched the first human clinical trials of experimental COVID-19 treatments. It usually takes at least 18 months for vaccines to go through proper process before they can be deployed. getting a vaccine to market is usually a long complicated and expensive process, but these are abnormal circumstances.

So, the Food and Drug Administration (FDA) is expediting any coronavirus vaccine approval using pathways such as Emergency Use Authorization.

The trial is evaluating different doses of the experimental vaccine for safety and its ability to induce an immune response in participants. This is the first of multiple steps in the clinical trial process for evaluating the potential benefit of the vaccine.

One vaccine is called mRNA-1273.

This vaccine was developed by NIAID scientists and their collaborators at the biotechnology company Moderna, Inc., based in Cambridge, Massachusetts. The Coalition for Epidemic Preparedness innovations (CEP) supported the manufacturing of the vaccine candidate for the Phase I clinical trial.

"Finding a safe and effective vaccine to prevent infection with SARS-CoV-2 is an urgent public health priority," said NIAID Director Anthony S. Fauci, M.D. "This Phase I study launched in record speed, is an important first step toward achieving that goal."

Infection with SARS-CoV-2, the virus that causes COVID-19, can cause a mild to severe respiratory illness and include symptoms of fever, cough and shortness of breath. COVID-19 cases were first identified in December 2019 in Wuhan, Hubei Province, China. As of arch 15, 2020, the World health Organization (WHO) has reported 153,517 cases of COVID-19 and 5,735 deaths worldwide. More than 2,800 confirmed COVID-19 cases and 58 deaths have been reported in the United States as of March 15, according to the Centers for Disease Control and Prevention (CDC).

The second trial is for a treatment for hospitalized COVID-19 patients developed by Sanofi and Regeneron that is evaluating rheumatoid arthritis treatment Kevzara in patients with COVID-19.

The drug may slow the overactive inflammatory response in the lungs caused by the virus, according to the companies.

The double-blind trial of 400 participants will begin at 16 medical centers in New York.

"This work is critical to national efforts to respond to the threat of this emerging virus, Dr. Lisa Jackson, senior investigator at Kaiser Permanente Washington Health Research Institute said, "We are prepared to conduct this important trial because of our experience as an NIH clinical trials center since 2007."

Coronavirus vaccine test opens with first doses - Part 2

In Seattle, Washington, the researchers gave the first shots in a first test of an experimental coronavirus Monday, March 16, 2020, leading off a worldwide hunt for protection even as the pandemic surges.

With careful jabs in the arms of four healthy volunteers, scientists at the Kaiser Permanente Washington Research Institute in Seattle began an anxiously awaited first-stage of a potential COVID-19 vaccine developed in record time after the new virus exploded out of China and fanned out across the globe.

"We're team coronavirus now," Kaiser Permanente study leader DR. Lisa Jackson said on the eve of the experiment. "Everyone whats to do what they can in this emergency."

The Associated Press observed as the study's first participant, an operations manager at a small tech company, received the injection in an exam room. Three others were next in line for a test that will ultimately give 45 volunteers two doses, a month apart

Monday's milestone marked just the beginning of a series of studies in people needed to prove whether the shots are safe and could work. Stated previously, even if the research goes well, a vaccine would not be available for widespread use for 12 to 18 months, said Dr. Anthony Fauci of the U.S. National Institutes of health.

Disclaimer:

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GIVING/ FAITHLIFE

User Friendly Apps



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MOBILE

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GIVEPLUS⁺
MOBILE

Simple. Convenient. Secure.
Creating a GivePlus account provides additional convenience and security.

1) Search



- Enter church name or tap **Find Churches Near Me** to start your search
- Select your church
- Your selected church will be displayed as your default church
- Tap **Give Now**

2) Select



- Choose a fund and a preset amount or enter another amount
- Select **Add** to add another fund or move forward to the payment information
- Scan or enter your card or bank account information

3) Submit



- Review your donation summary then select **Complete Donation**

Create



- It only takes a few minutes to create an account with an email address and password
- You'll have the option to log in using the Touch ID/Fingerprint feature or a PIN

Manage



- Tap the menu icon to manage personal information, change password, review donations or update/add payment methods

Schedule



- Next time you donate, tap **Select Frequency** to create a recurring weekly, bi-weekly, monthly or annual donation to the fund of your choice
- Note: Your church determines frequency options

Review



- From the menu, go to **Recurring Donations** to view or delete any scheduled donation made through the GivePlus app
- Or select **Giving History** to review your past GivePlus donations

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Faithlife is a platform for churches to enable continued fellowship, communication, and learning. As a member, you can connect with your church community throughout the week. As staff, you can manage events, communicate with your members, and easily share edifying Christian content.



- **Go deeper in the Word:** Watch last week's sermon, share a video lecture, or circulate Bible reading plans. The Faithlife app connects with a host of Faithlife tools—including Logos Bible Software, Proclaim, Logos Mobile Education, and Faithlife TV—to make sharing edifying Christian content easier than ever.
- **Engage in the Mission:** Expand your opportunities for spiritual growth. Share prayer lists with your whole church or subgroups, post discussion questions, or just reach out with a question or word of encouragement.
- **Connect to the Church and each other:** Whether it's a prayer meeting, service project, or retreat, you can use Faithlife to plan and track events and stay involved in the life of your church. You can also share photos from your time together.

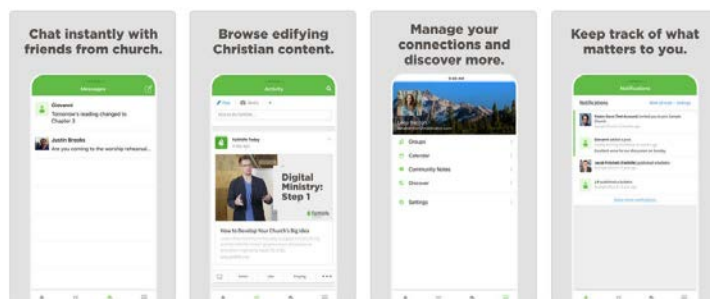
FEATURES:

- Create and join groups based on interest or church membership.
- Post text or video updates, prayer requests, items for sales, and articles.
- Create and manage events in a group calendar.
- Private message people in your network.
- Read notes that people in your network have made on the Bible.

Download and create or join your church group today.

Connect with Faithlife:

- Interact with the Faithlife team by joining our group:
<https://faithlife.com/faithlife/>
- Get helpful resources and information on Faithlife products from our blog: <https://blog.faitlife.com/>



LUPUS

Awareness Month

World Lupus Day

May 10th: wear purple in honor of those battling, or have finished their battle.

Lupus walks are postponed for May and June

What is LUPUS? A chronic and complex autoimmune disease, lupus can affect the joints, skin, brain, lungs, kidneys, and blood vessels, causing widespread inflammation and tissue damage in the affected organ.

Who is Most likely to be diagnosed? While anyone can get lupus, the disease most often affects women. In fact, women make up about nine out of ten adults with the disease. It's also more common in women of African American, Hispanic, Asian, and Native American descent than in Caucasian women.

What are the types of lupus?

When people talk about lupus, they're usually talking about systemic lupus. But there are other types — including cutaneous lupus, drug-induced lupus, and neonatal lupus.



CHEF SHANA'S

Roasted Vegetable Pasta

INGREDIENTS

CAJUN SEASONING

2 tsp smoked paprika
1 tsp oregano
1 tsp thyme
1/2 tsp garlic powder
1/2 tsp onion powder
1/4 tsp cayenne pepper
1/4 tsp black pepper
1/4 tsp salt

CHICKEN PASTA

1 Tbsp olive oil
1 Tbsp butter
1 lb. boneless, skinless chicken breast
1 yellow onion, diced
1/2 lb. penne pasta
15 oz. fire roasted diced tomatoes
2 cups chicken broth
2 oz. cream cheese
3 green onions, sliced (optional)



DCCD
SERVICES



INSTRUCTIONS

1. Combine the ingredients for the Cajun seasoning in a small bowl. Cut the chicken into 1/2 to 3/4-inch cubes. Place the cubed chicken in a bowl, pour the Cajun seasoning over top, and stir to coat the chicken in spices.
2. Add the olive oil and butter to a large deep skillet. Heat the oil and butter over medium-high until the skillet is very hot and the butter is melted and foamy. Add the seasoned chicken to the skillet and cook for a couple minutes on each side, or just until the outside gets some color. The chicken does not need to be cooked through at this point.
3. Add the diced yellow onion to the skillet and continue to sauté for about 2 minutes more, or just until the onion begins to soften. Allow the moisture from the onion to dissolve any browned bits from the bottom of the skillet.
4. Next, add the pasta, fire roasted diced tomatoes (with the juices), and chicken broth to the skillet. Stir just until everything is evenly combined, then place a lid on top and allow the broth to come up to a boil.
5. Once boiling, turn the heat down to medium-low and let the pasta simmer for about ten minutes, stirring every couple of minutes, until the pasta is tender and the liquid is thick and saucy.
6. Add the cream cheese to the skillet in chunks, then stir until it has melted into the sauce. Top the pasta with sliced green onions and serve.

AROUND CHICAGO

May



As high school seniors cope with many changes due to the global pandemic, Chicago is determined to celebrate their milestone by recruiting former Chicagoan Oprah Winfrey.

Oprah will be the commencement speaker for the virtual graduation held for the city's high school classes of 2020. The event, set for mid-June, will acknowledge the students' achievements with speeches and performances.

"The times we are living in are historic and stunning, forcing us all to take a deep look at who we are as a people and our place in the world," says Mayor Lori Lightfoot in a statement. "No one knows this better than Oprah, and I join all of Chicago in looking forward to hearing the wisdom she'll be sharing with our incredible young people as they take this unforgettable next step on their life's journey."



THE LAST DANCE



APRIL 19

Ep. 1 & 2
9pm ET

APRIL 26

Ep. 3 & 4
9pm ET

MAY 3

Ep. 5 & 6
9pm ET

MAY 10

Ep. 7 & 8
9pm ET

MAY 17

Ep. 9 & 10
9pm ET

ESPN

STREAMING
LIVE

